



PATHWAYS CONNECTION

BOARD OF DIRECTORS:

FOUNDER AND CEO
Mrs. Edward M. Bigler

CO- PRESIDENTS
Kathy Barba
Connie Buckley

VICE PRESIDENTS
Michael Grant
Marge Warwick

SECRETARY
Virginia Coudert

TREASURER
Richard Kremheller

Linus S. Abrams, M.D
Rose-Marie Anderson
Linda Applegarth, Ed. D
George Brown
Susie Fugelsang
Betsy Grant
Ann Hagmann
Linda Lewis
Nan Lvoff
Donat E. Marchand, Esq.
Beverly Orthwein

ADVISORY BOARD
Robert Arnold
Joan M. Warburg

Executive Director
Florence Griffin, MBA,
LCSW

Pathways, Inc. is a non-profit organization founded by a volunteer Board of Directors in 1981. These members devote hundreds of hours of time and support each year to the clients

PATTY DUKE — PATHWAYS' HONORARY BENEFIT CHAIRPERSON



Pathways is honored to announce that Patty Duke, famous academy award winning actress and mental health advocate, is the honorary chairperson for our 30th anniversary benefit to be held on October 16th at Greenwich Country Club. Patty Duke is also the author of several award winning books, " Call Me Anna" and "A Brilliant Madness: Living with Manic Depressive Illness", in which she tells about her own struggles with manic depression. Patty's own disease was not diagnosed until she was 35. A correct diagnosis and receiving the correct medication is said to have turned her life around.

She has been able to repair family relationships and has a wonderful 25 year marriage to Mike Pierce. Patty is an uplifting example of the hope and happiness that anyone living with a mental illness can have with the proper support, medication and love.

A MESSAGE FROM OUR EXECUTIVE DIRECTOR, FLORENCE GRIFFIN, MBA, LCSW

Dear Supporters of Pathways,

As we are about to celebrate the anniversary of 30 years at Pathways, we are reminded of how the mental health system has changed. 30 years ago, a person suffering from a severe mental illness would usually "die" in a state institution. In Middletown, Ct, the site of CT Valley Hospital, there is an annual ceremony to bless 100 unmarked graves of institutionalized patients. This is a somber reminder of not only the horrible lives that these people lived as forgotten and discarded members of society ,but also it speaks to the prejudice and stigma that has been faced for so many years by persons living with a mental illness.

Over the past 30 years, Pathways has worked tirelessly to change lives and the stigma for the clients that we serve. The opening of 4 homes for our clients which provide a comfy warm bed, nutritious and delicious food, caring and supportive



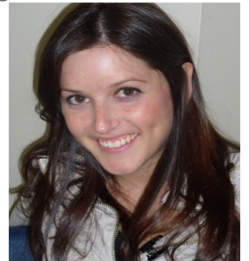
*MYTH: MENTAL ILLNESS AND MENTAL RETARDATION ARE THE SAME.
FACT: PERSONS WHO ARE MENTALLY RETARDED ARE BORN WITH DIMINISHED MENTAL CAPACITY. PEOPLE WITH MENTAL ILLNESS ARE MOSTLY OF NORMAL TO HIGH INTELLIGENCE.*

*MYTH: SCHIZOPHRENICS HAVE SPLIT PERSONALITIES.
FACT: SPLIT OR MULTIPLE PERSONALITY IS AN ENTIRELY DIFFERENT DISORDER AND IS RARE.
SCHIZOPHRENIA AFFECTS 1 IN EVERY 100 ADULTS.*



SPOTLIGHT ON PATHWAYS STAFF MEMBER-MICHELLE MCGOWAN

Michelle McGowan is the director of our Fellowship Program. Born in Pleasantville, NY, Michelle is engaged to Chris and will be married in October. Michelle has been with Pathways for almost 4 years and is attending Fordham University for her MSW degree. The Fellowship Program is open weekdays serving about 25 to 30 clients each day. Michelle and her staff go above and beyond for our clients, creating an environment of acceptance. She even makes her famous meatballs at home each week and brings them to the program to serve meatball wedges for lunch. A client favorite! Michelle is responsible for all programming and groups at our program. If you have any special talents or wish to volunteer at our program, please call Michelle At 203-869-0378.



SPOTLIGHT ON PATHWAYS BOARD MEMBER-KATHY BARBA

Kathy Barba is our newly elected Pathways board Co-President, along with Connie Buckley, and has been a member of our Board for over 7 years serving in various capacities. She was born in Hollywood, CA and her father was musician with the Benny Goodman orchestra. She received her RN from St. Joseph's Hospital School of Nursing in Elmira, NY. She moved to Greenwich almost 35 years ago with her husband, Ron, where they raised five children, Ron, Patty, David, Greg and Geoff in Greenwich. Kathy worked for various medical practices in Greenwich including Glenville Medical Associates and Dr. Ron Levine. She retired 2 years ago.



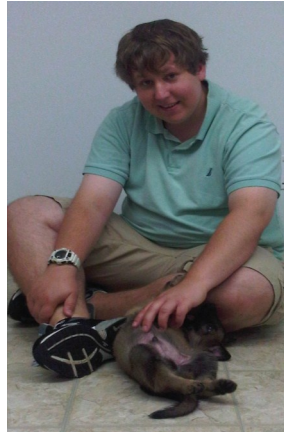
Kathy's mission for Pathways is "to build on our financial base in order to support our current housing and programs to guarantee the financial future of Pathways serving the citizens of Greenwich with chronic mental illness."

Kathy also states, "I always remind myself that our clients are someone's son, daughter, sister or brother and mental illness will affect future families long after I am gone. I hope to build on what Renee Bigler started 30 years ago for her son so future generations will have a safe and caring place to call home."

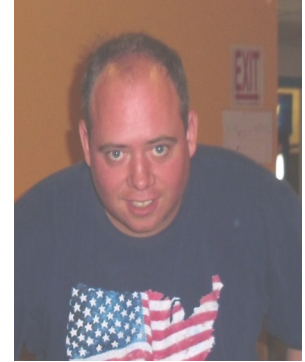
ADOPT A DOG VOLUNTEERING: A POSITIVE CONTRIBUTION TO THE COMMUNITY

About 10 to 12 Pathways clients are now volunteering at Adopt a Dog in Armonk, NY and we have a waiting list of clients who want to go attend in the future. Adopt a Dog is a "no-kill" shelter that provides a forever, loving home to dogs and cats if they are not adopted.

Our clients go to the shelter for the morning to pet, hold and just love the animals. The animals and our clients seem to have a true therapeutic bond. They can relate to the feelings of abandonment and the need to be accepted and loved.



Patrick with his new puppy friend Violet



MEMBER ACHIEVEMENTS

In June, Rich Luby, employment counselor from Abilities Beyond Disabilities, awarded Pathway's client, John, with an award for excellence in seeking and obtaining employment. John is now employed as a private tutor in math with several students. John holds an MBA from Pace University and is an active member of the Pathways Fellowship Program.



Rich Luby, left John C., right



Cathy L., who has lived at our 509 East Putnam Ave residence for over 5 years, will be featured in the Fall 2011 United Way brochure due to her wonderful presentation at the recent United Way eligibility hearings. Cathy works at Whole Foods and is an active member of the Pathways family. At home, she cooks and cleans with the other 509 East Putnam Ave. residents who all occupy their own bedroom with bath but share a communal kitchen.





Pathways, Inc.
175 Milbank Avenue
Greenwich, CT 06830



*OCTOBER 16TH, 2011 is PATHWAYS' 30TH
ANNIVERSARY CELEBRATION BENEFIT*

Our wonderful staff:

Executive Director:

Florence Griffin, MBA,
LCSW

Clinical Consultant:

Sidney Furie, LCSW

Finance Director:

Pat McCabe, MBA

Program Directors:

Daniel Fuller

Amanda Glendinning, M.A.,

Michelle McGowan

Kathy Wilson

Peter Zimmermann, PhD.

Executive Assistant:

Debbie Fisher

Case Managers: Holly Bunn,
Matthew Isacs, Lissette Soto,
MSW

Residential Counselors: Rob-
ert Barricelli, Kedric Becker,
Ed Ciffone, Peter Romersa,
MA, Deborah Stevens-Bruce,
Robert Uhl, Matt Wilson

Fellowship Staff: Debbie
Pitts, Liz Wilson

staff, along with a safe and beautiful surroundings, all are done out of respect and caring for our incredible clients. All of this and we also provide a wonderful new location for our day program which hosts assistance with employment, social interaction, interesting guest speakers weekly and much more for over 50 active clients.

In order to make all of this possible, our board must fund raise constantly to cover over 40% of our operating budget which is not covered by state and federal funding. Your donations are always welcome and are so appreciated. Thank you in advance for your support.

VISIT TO YANKEE STADIUM



Our clients attended a Yankee Game in July,
thanks to the generosity of an anonymous donor.